



USA CYCLING Permit # 2023-6648



















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Welcome to the 31st Annual John Earley Memorial Valley of the Sun Stage Race February 17 - 19, 2023

Dear Race Participant,

We want to thank you for participating in this year's Valley of the Sun Stage Race. We are Arizona's largest race featuring the USAC Road Devo Race Series for juniors. Our sponsorship and venue have allowed us to have a great prize list for this year's event with \$20,000 in cash and prizes!

With the continued support of a great cycling club, sponsors and local city officials we continue to fine tune and put together a quality event that gives back to our community and cycling. This race attracts many spectators, especially at the downtown criterium. We would like to leave a LASTING POSITIVE impression on everyone attending this event. Please be on your best behavior since you are representing our event, your team and cycling in general.

Also this race is supported exclusively by **volunteers** so please be polite with our volunteers and don't hesitate to thank them for their assistance in making this race.

In addition to the USA Cycling Rulebook (http://www.usacycling.org/usa-cycling-rule-book.htm) you are responsible for reading and following the rules set forth in this Technical Guide.

The following items are of particular importance:

- Parking: Park only where indicated. Reserved parking for teams requires a team parking pass.
- Portable Toilets: Please use them. Absolutely NO Public urination or uncovered changing.
- **Helmets:** Must be worn and secured at all times while on a bicycle.
- Road Race Traffic: On race day Hwy 387 is ONE-WAY ONLY

FAILURE TO COMPLY WITH THESE REQUESTS WILL RESULT IN FINES &/OR DISQUALIFICATION

That being said, welcome to our race and I wish you the best of luck!

Sincerely,
White Mountain Road Club

GENERAL INFORMATION AND SCORING POLICIES

This is a 3-day timed stage race based on cumulative time. The winner from each category will have the lowest elapsed time over the course of the 3-day race.

Omnium Category 5 Men, 5 Men Masters 40+, 5 Women winner is based on the following points:

Omnium Points – Time Trial, Road Race, Criterium															
Place 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15															
Points	20	17	14	12	11	10	9	8	7	6	5	4	3	2	1

REGISTRATION

PRE REGISTRATION ONLY. Online registration is at www.BikeReg.com we have a limit of 100 riders per category (75 for All Masters, Sr Women Cat 4/5 and Sr Men Cat 5).

- NO REFUNDS ALLOWED ONCE REGISTRATION CLOSES
- NO rider substitutions or replacements are allowed
- Riders must register for the category listed on their USA Cycling license.
 Riders will not be allowed to change their category at the race
- Riders must have a current USA Cycling license.
 ONLY Sr Men Cat 5, Sr Women Cat 5 & Masters are eligible for one-day beginner licenses

PACKET PICKUP

Early - Thursday 2/16/2023 4pm - 8pm, Landis Cyclery, 1006 E Warner Rd Suite 100 Tempe, AZ 85284 Time Trial - Friday 2/17/2023 starting at 7am at Time Trial Start area.

Omnium Category 5 Road Race and Criterium - Before each stage at sign in.

SIGN-IN

Riders are REQUIRED to sign-in before the Road Race & Criterium

(There is no sign-in required for the TT). Failure to sign-in will result in a fine of \$20.00 for the first offense, per USAC rules. Check individual stage details for sign-in locations and additional instructions.

SCORING

Riders MUST complete each stage in order to start the next except for all Category 5 omnium.

TIME BONUSES

- Road Race Finish: Will have time bonuses of 10, 6 and 4 seconds for 1st, 2nd, and 3rd finishers.
- Road Race King Of the Mountain and Queen Of the Mountain: On selected laps Time bonuses of 3, 2 and 1 seconds for 1st, 2nd and 3rd respectively
- Criterium: Will have time bonuses of 10, 6 and 4 seconds for 1st, 2nd, and 3rd finishers.

LIVE RESULTS

Live stage results as they happen will be available online at One2Go: www.livelynxresults.com/

FINIAL STAGE AND GC RESULTS

At the conclusion of each stage official Stage and General classification will be posted online from Race Day Event Management at:

www.yourresults.live

FINAL RESULTS

Posted online at: www.yourresults.live and reported to USA Cycling www.usacycling.org within 1 week of event completion. THESE RESULTS ARE FINAL

See next page for protest information.

AWARDS CEREMONY

All Awards including TT, RR, Crit and GC will be held at the Criterium.

Omnium Category 5 Men, 5 Men Masters 40+, 5 Women will have awards for top 3 each day.

PROTESTS

DO NOT LEAVE UNTIL YOU HAVE REVIEWED THE FINAL POSTED RESULTS!

Time Trial: Protests for the TT must be made to the Chief Judge within 15 minutes of posting. **Road Race:** Protests for the RR must be made to the Chief Judge prior to the start of Criterium. **Criterium:** Protests for the Crit must be made to the Chief Judge within 15 minutes of posting.

OFFICIALS

Chief Referee Tracy Barclay, <u>tjbarclay@msn.com</u>
Chief Judge – Tommey Burke, <u>nursetommey@yahoo.com</u>

CENTERLINE

All roads are open to traffic. Obey and respect all police officer, official, and staff requests. **If you cross the centerline you will be disqualified!** If no painted centerline marking exists, riders must keep to the right side of the road **at all times.**

Vie 13 LEADER'S JERSEY

The GC leader for every category must wear the Vie 13 Leaders Jersey for every stage.

- Time Trial GC leaders will pick up their jerseys at the Road Race during sign-in
- Road Race GC leaders will pick up their jerseys at the Crit during sign-in

If your category has multiple lead changes, you may be asked to return a clean Leader's Jersey prior to the start of the next stage.

RACE NUMBERS

Each rider will be given two (2) bib numbers. No frame number.

DO NOT CUT, FOLD or ALTER NUMBERS! Riders altering numbers Subject to fine.

Jersey Numbers

- All riders MUST WEAR BOTH bib numbers for all stages.
 If you do not wear both bib numbers you will be assessed a 20-second penalty!
- Numbers must be worn on the lower part of the jersey Right side: along the side seam Left side: on or above jersey pocket

JUNIOR GEAR RESTRICTION No junior gear restrictions.

COMBINED CATEGORIES

- Women 4/5, Masters Women 35+ & 50+ will race together but will be scored separately.
- Masters Men 35+ & Masters Men 45+ will race together but will be scored separately.
- Masters Men 55+ & Masters Men 65+ will race together but will be scored separately.
- Men Cat 5 and Men Cat 5 40+ will race together but will be scored separately.

UNDER-23 RIDERS

The highest placed U-23 rider in Men Pro/I, Men II and Women Pro 1, 2 receive a cash prize, but will not be scored separately.





PRIZES

PAST WINNERS

Women Men 2022 **Emily Ehrlich Tyler Stites** 2021 COVID COVID 2020 Summer Moak Magnus Sheffield 2019 Allie Dragoo Cory Lockwood 2018 **Leah Thomas Wouter Zwart** 2017 **Leah Thomas** Innokenty Zavyalov 2016 Allie Dragoo Ryan Roth 2015 Lauren Komanski Heath Blackgrove 2014 **Evelyn Stevens Daniel Eaton** 2013 Alison Tetrick Ben Jacques-Maynes 2012 **Evelyn Stevens** Luis Amaran Molly VanHouweling 2011 **Paul Thomas** Carmen Small 2010 Luis Amaran 2009 Amanda Miller Ben Kneller 2008 Lana Atchley Karl Bordine 2007 Kori Kelly-Seehafer Matt Seagrave 2006 Erin Mirabella Tom Zirbel 2005 Kristin Armstrong Ryan Blickem 2004 Lynn Gaggioli Mariano Friedick 2003 Aaron Olsen Genevieve Jeanson 2002 Chris Wherry Genevieve Jeanson 2001 Genevieve Jeanson Baden Cooke 2000 Erin Carter **Gord Fraser** 1993 Mariann Berglund Shawn Cronkite 1992 Tiffany Tretschok **Chris Petty**

Stage Winners Cash Prize Breakdown

Category	TT	RR	CR
Men Pro 1	150	150	150
Men 2	100	100	100
Men 3	70	70	70
Men 4	50	50	50
Men Masters 35+	50	50	50
Men Masters 45+	50	50	50
Men Masters 55+	40	40	40
Men Masters 65+	-	-	-
Women Pro 1, 2	150	150	150
Women 3	40	40	40
Women 35+	-	-	-
Women 50+	-	-	-
Women 4 & 5	ı	1	1
Hand Cycle	100	100	100
Men 5 & 5 40+	-	-	-
All Juniors	-	-	-
Total	2,400)	

2023 Valley of the Sun GC Prize List

																	16 -
Category	Total	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10	11	12	13	14	15	20
Men Pro 1	3000	450	400	350	290	230	190	150	130	110	100	90	80	70	60	50	50
Women Pro 1 2	3000	450	400	350	290	230	190	150	130	110	100	90	80	70	60	50	50
Men 2	1000	200	150	120	110	95	85	75	65	55	45						
Men 3	600	160	140	120	100	80											
Women 3	300	80	70	60	50	40											
Men 4	300	80	70	60	50	40											
Masters M 35	600	160	140	120	100	80											
Masters M 45	600	160	140	120	100	80											
Masters M 55	300	80	70	60	50	40											
Masters M 65	Awards	Awards	Awards	Awards													
Hand Cycle	1000	200	150	120	110	95	85	75	65	55	45						
Espoire 1 M	150	150															
Espoire 2 M	50	50															
Espoire 1, 2 W	100	100															
Men 5 & 5 40+	Awards	Awards	Awards	Awards													
Women 4 & 5	Awards	Awards	Awards	Awards													
Women 35+	Awards	Awards	Awards	Awards													
Women 50+	Awards	Awards	Awards	Awards													
All Juniors	Awards	Awards	Awards	Awards													
Total	11,000																

Rider must be present at awards ceremony to collect prizes.

Stage 1 –Landis Cyclery, Trek Time Trial 24001 S Rainbow Valley Rd Buckeye, AZ 85326 Friday, 17 February 2023





NEW LOCATION: The Time Trial is

located on the far south-west side of the valley.
25100 South Rainbow Valley Rd, Buckeye, AZ 85326
Follow I-10 W, Take exit 127 for Bullard Ave to Estrella Pkwy to W Willis Rd to S Rainbow Valley Rd in Goodyear.
Please drive carefully and watch for cyclists on the roadway.
Roads are open to traffic. Obey all traffic laws.

PARKING: is located off pavement on both sides of S Rainbow Valley Rd. between W Chandler Heights Rd and W Riggs Rd. Please comply with parking directors' instructions.

COURSE DESCRIPTION: On country roads that are **open to traffic**. The course is 10 miles out and back. There will be course marshals and police at the start, finish and turnaround. https://www.mapmyride.com/routes/view/5319263341/

**JR's ages 9 - 14 will complete a 5 mile out and back course.

WARM UP

The course is closed to warm-up session after 8:00 am. We recommend warming up on a trainer if possible.

No Time Trial Bikes for All Juniors, Men 5, Men 5 40+ and Women 5, Cat 5 racers will follow the same Time Trial bike rules that the juniors follow.

Start: On Riggs Rd 100 meters East of S Rainbow Valley Rd.

VEHICLES: The only vehicles permitted on the course are officials and race staff. A sweep vehicle will be on the course at all times to pick up riders.

NEUTRAL WHEEL SUPPORT: Is not provided during the TT and team cars are NOT permitted to follow racers.

MECHANICALS/FLAT TIRES: If you have a flat in the TT you can either fix the flat yourself OR you can wait for the sweep vehicle to pick you up. After verification by an official (blue shirt), the rider will be awarded the same time as the slowest racer in the same category and may start the road race stage.

TIME TRIAL RESULTS:

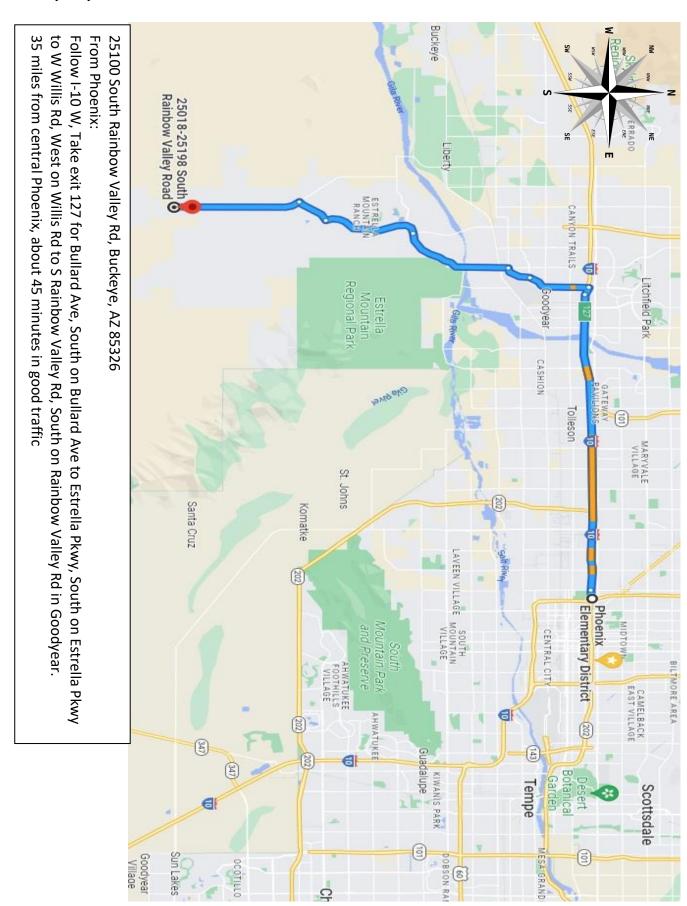
Live stage results as they happen at: www.livelynxresults.com/
Official TT results will be posted online at: www.yourresults.live

Start times online at: https://vosstagerace.com before 2/17/2022

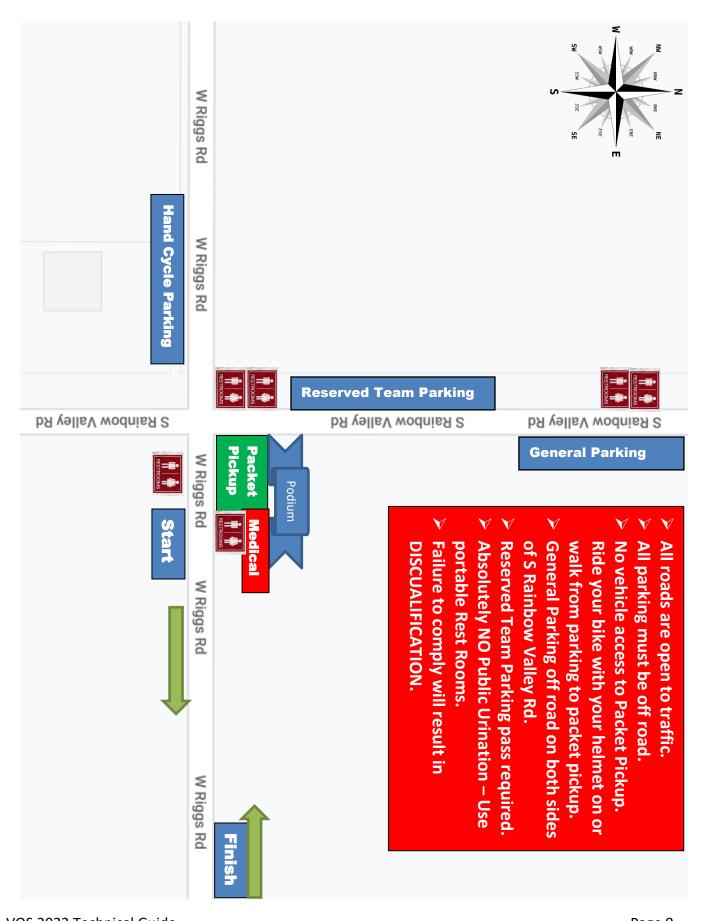
FIRST RIDER STARTS AT 9:00 AM

NO CHANGES,
SUBSTITUTIONS OR
RESTARTS

Start Order
Men 5
Men 5 40+
Women 5
Masters Women 50+
Masters Women 35+
Women 4
Masters Men 65+
Masters Men 55+
Masters Men 45+
Masters Men 35+
Men 4
Men 3
Men 2
Women 3
Women Pro, 1, 2
Men Pro, 1
Juniors 17 – 18
Juniors 15 – 16
Hand Cycle
Juniors 9 – 14 **



Landis Cyclery - Trek Time Trial MAP



Stage 2 – Arizona, The Grand Canyon State, Safeco Insurance, Parrish Agency Road Race AZ 387 & Tamarack Way, Casa Grande AZ, 85194 Saturday, 18 February 2023

DIRECTIONS

HWY 387 IS ONE-WAY ONLY FROM WEST TO EAST UNTIL THE LAST RACE IS COMPLETE AND DPS APPROVES

AZ-387, Casa Grande, AZ 85194

(Enter from I-10) From Phoenix, take I-10 East towards Tucson.

Travel approximately 20 miles to **State Route 187/387 (exit 185).** Take exit 185 and head East (left) crossing over I-10. Turn right on **SR 387** southeast for about 1 mile to parking/start.

See Map on pages 12 and 13.





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IMPORTANT

We use this course courtesy of the **Gila River Indian Reservation**, the Arizona Dept of Transportation, and the Arizona Department of Public Safety.

NO OVERNIGHT PARKING

NO PARKING AT FINISH

FEED ZONE PARKING IS BY PERMIT ONLY AND EXTREMELY LIMITED

NO LITTERING

NO PARKING

All trash, water bottles, gel packets, etc **MUST** be tossed at the feed zone or at the Start line.

On areas outside of state road right-of-way for any reason.

PARKING

The **ONLY** designated parking area is on the **South side of SR 387** (see map on page 12 and 13 for details). Please follow the parking directions of the volunteer.

Park on the shoulder all the way off the road. NO parking within 200 meters of the start line.

FEED ZONE PARKING IS BY PERMIT ONLY AND EXTREMELY LIMITED. Permits will be available at the RR

sign-in only. If you do not have a feed zone parking permit, plan on carpooling with someone that does. The feed zone is located on the north side of Highway 387 before the finish. Feeding is only allowed in the designated zone. Feeders must stay on the shoulder and feed only from the right side of the road.

Please make sure you clean up you trash/empty bottles and leave nothing behind.

COURSE DESCRIPTION

The road race course is a 16 mile course consisting of 3 straights and 3 right hand corners and 470 ft of climbing per lap. The course is **open to traffic**. Centerline rule is in affect (see page 5) Be **cautious at the corners**. (Please view the map on page 12 for details)

VEHICLES ON COURSE

The course is **open to traffic**. All racers and groups of racers must NEUTRALIZE when approaching any vehicles especially medical vehicles on the course.

COURSE HAZARDS / NEUTRAL START

There is a cattle guard immediately after the corner #1 and rumble strips on Hwy 87.

The start will be neutral on the first lap until groups pass the cattle guard after the first right hand turn.

JUNIOR/MINOR MEDICAL

Minor racers must have a parent, guardian, or a coach present to refuse EMT treatment to a minor.

WHEEL SUPPORT

All follow vehicles will be wheels in/wheels out. This means if you flat, you only get a wheel if you put one in. Vehicles may become neutral (meaning anyone can have a wheel) if there are surplus of wheels. If you received a spare during the race you MUST return it immediately following the race.

<u>Wheel drop off</u> - Take spare wheels to the follow vehicles at least **30 minutes before your race** with the approved wheel tag. Wheel tags will be available at packet pickup and sign-in

<u>Post race wheel pickup</u> – Wheels will be returned to the start area. Please **pickup your wheels immediately following your race**. Do not expect them to be transported to the crit. *The White Mountain Road Club, sponsors, officials and volunteers are not responsible for any equipment left at the race.*

ON RACE DAY HWY 387 IS ONE-WAY ONLY FROM WEST TO EAST UNTIL THE LAST 2ND WAVE RACE IS COMPLETE AND DPS APPROVES

(Enter from I-10 & Exit to Hwy 87)
Racers must exit the parking area traveling from west to east before 11:00 am or wait until the second wave races are finished at 4:00 pm. No Vehicles allowed to exit after 11:00 am. This rule is for rider safety.

RACE FINISH LINE

NO 3 Kilometer mechanical rule on uphill finish.

KOM/QOM

Will be judged at the finish line. The number for the KOM/QOM relates to which time you are going to cross the finish line.

For example; most of the morning races have 2.8 laps to complete, which means those races will cross the finish line 3 times,

The KOM/QOM is on lap 2 so the 2nd time you cross the line is the sprint bonus.

FEEDS

NO feeds are allowed on the FIRST or LAST laps of any race.

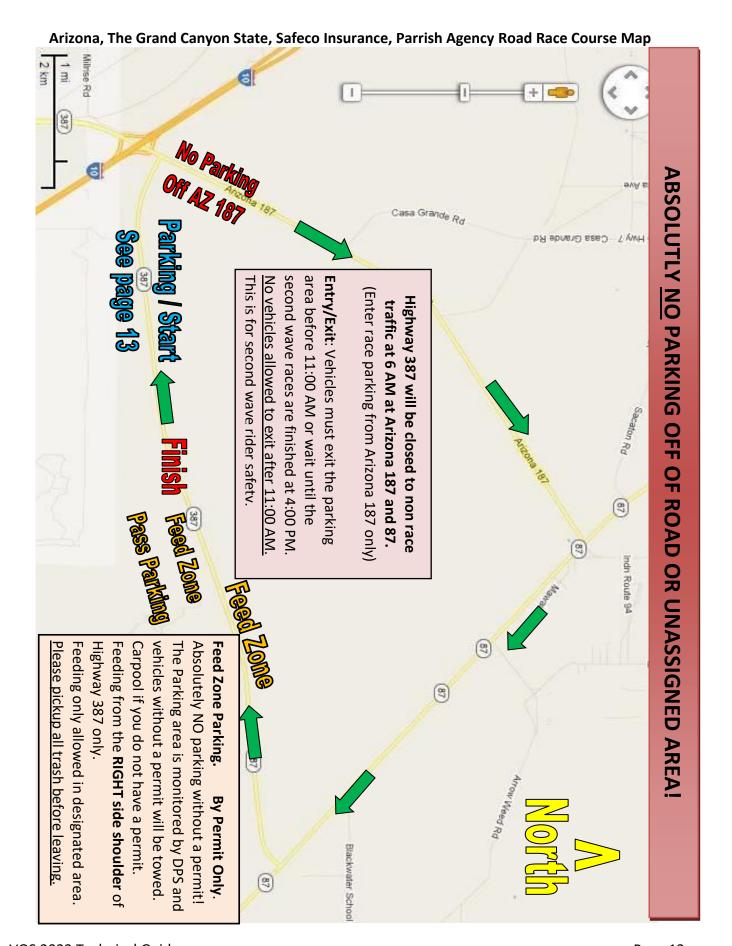
CATEGORY	START TIME	MILES	LAPS	ком/дом		
	FIRST WAY	/E				
Men 4	8:00	46	2.8	2		
Men 5 Men 5 40+	8:04	46	2.8	2		
Masters Men 55+, 65+	8:07	46	2.8	2		
Jr. Men 15-16	8:11	46	2.8	2		
Women 5			2.8			
Women 4	0.14	46		2		
Masters Women 35+	8:14			2		
Masters Women 50+						
Hand Cycle	8:18	30	1.8	1		
Jr. Women 17-18	8:20	30	1.8	1		
Jr. Women 15-16	8:20	30	1.8	1		
Jr. Men 13-14	8:22	14	0.8	None		
Jr. Women 13-14	8:22	14	0.8	None		

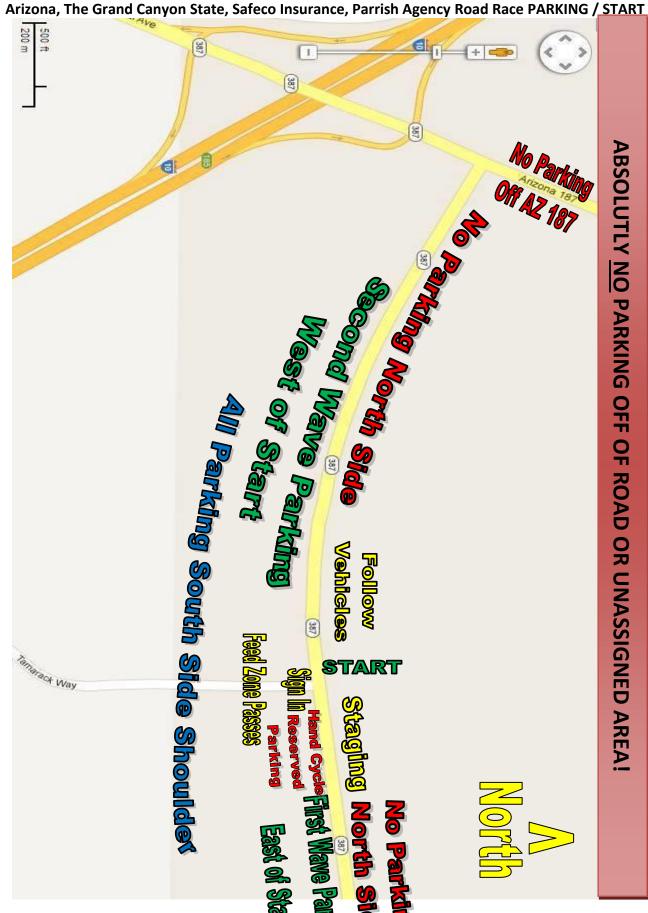
REMINDER: No Vehicles allowed to enter/exit after 11:00 am HWY 387 IS ONE-WAY ONLY FROM WEST TO EAST (Enter from I-10 & Exit to Hwy 87)

UNTIL THE LAST 2ND WAVE RACE IS COMPLETE

AND DPS APPROVES

SECOND WAVE								
Men Pro 1	11:30	94	5.8	2 and 4				
Men 2	11:35	78	4.8	2 and 4				
Men 3	11:40	78	4.8	2 and 4				
Jr. Men 17-18	11:50	62	3.8	2				
Masters Men35+, 45+	11:55	62	3.8	2				
Women Pro 1, 2	12:00	62	3.8	2				
Women 3	12:02	62	3.8	2				





Stage 3 Hiser Joy Criterium Arizona State Capitol Sunday, 19 February 2023

LOCATION: Downtown Phoenix on South 17th Ave. and West Jefferson St. by the Arizona State Capitol. 1645 W Jefferson St, Phoenix, AZ 85007



PARKING AREA is located west of the Capitol Building between Jefferson St. and Adams St. and 18th Ave and 19th Ave.

TEAM PARKING AREA: Entrance is on Jefferson St. from 19th Ave from the west of the course. **A Team Pit parking permit is required to access this area. Only one vehicle per team permitted.**

COURSE DESCRIPTION: The criterium course is a flat figure eight shaped 1.6 km (1 mile) course. It is traversed in a clockwise direction. Watch out for raised road "buttons." The finish is approximately 250 meters after the last corner.

WHEEL PIT is wheels in/wheels out.

The White Mountain Road Club, sponsors, officials and volunteers are not responsible for any equipment left at the race.

SIGN IN at the start/finish line. You must sign in 10 minutes prior to the race start.

FREE LAP rule is in effect until three laps to go. Riders with legitimate incident and unable to return within Free Laps will be placed at the end of the field they were with and same time.

LAPPED RIDERS will be pulled, with the exception of Juniors and some smaller fields. This is at the discretion of the race officials.

RESULTS will be posted near the sign in area on the Landis Cyclery trailer.

AWARD CEREMONIES will be announced throughout the day. Riders must be present at ceremony to collect prizes.

PRIMES can be picked up at the Start/Finish trailer behind the barricades.

Hiser Joy Criterium Schedule

TIME	DURATION	CATEGORY	AWARD CEREMONY				
7:15a.m.	30	Sr. Men 5					
	30	Sr. Men 5 40+					
		Jr. Men 9-12					
		Jr. Men 13-14					
7,50 a m	30	Jr. Women 9-12					
7:50 a.m.	30	Jr. Women 13-14					
		Jr. Women 15-16	11.20				
		Jr. Women 17-18	11:30 am				
8:25 a.m.	40	Jr. Men 15-16					
9:10 a.m.	50	Jr. Men 17-18					
		Sr. Women 5					
10:05 a.m.	30	Sr. Women 4					
10:05 a.m.	30	Masters Women 35+					
		Masters Women 50+					
10:40 a.m.	30	Masters Men 55+					
10.40 a.III.	30	Masters Men 65+					
11:10 a.m.	10	Officials Break	1 pm				
11,20 a m	30	Masters Men 35+					
11:20 a.m.	30	Masters Men 45+					
11:55 p.m.	30	Sr. Men 4					
12:30 p.m.	40	Sr. Men 3	2 nm				
1:15 p.m.	40	Sr. Women Pro, 1, 2	3 pm				
2:00 p.m.	25	Kids Race					
2:25 p.m.	30	Hand Cycle					
3:00 p.m.	60	Sr. Men Pro, 1	After Event				
4:05 p.m.	45	Sr. Men 2	After Event				
4:55 p.m.	30	Sr. Women 3					

KIDS BIKE RACE

> HELMETS ARE MANDATORY

- ➤ KIDS RACE REGISTRATION is FREE and located at sign in. Registration opens at 11:00 and closes at 2:00pm. Kid's Race begins at 2:10pm
- ➤ CATEGORIES: Children ages 3 and up will ride with kids their own age in front of the finish line stage.

BIKE GIVEAWAY

Children participating in the Kids Bike Race will be entered in a drawing to win a Trek kids bike from Landis Cyclery!

Hiser Joy Criterium Map

